



Egg freezing - a step-by-step journey



1. Obtain a GP referral

A GP referral is needed before seeing a Newlife IVF fertility specialist.



2. Consult with fertility specialist

The doctor will perform baseline tests and discuss your treatment plan.



3. Meet with other team members

A fertility nurse, counsellor and finance officer will make sure you are fully informed about all aspects of the egg freezing process, including costs and medications.



4. Await your period

On the first day of your period, you will notify our nursing team, with medication starting on day 2 of your menstrual cycle.



5. Start medication

You will self-administer medications to stimulate the ovaries to produce multiple eggs for collection, including:



Commences on day 2 until days 12-13
Stimulates the ovaries to produce multiple eggs



Commences on day 6 until days 12-13
Prevents ovulation before egg collection

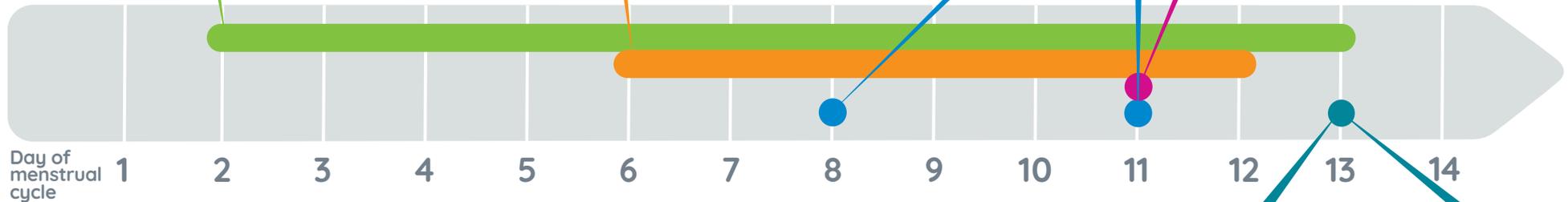
6. Undergo blood tests and ultrasound scans

Blood tests and ultrasound scans enable us to monitor follicle growth and adjust medication dosages as needed. Timing of tests and scans may vary per person.
Blood tests & ultrasound scans occur around days 8 and 11



7. Trigger injection

A trigger injection facilitates/induces egg maturation leading up to collection.
Given around day 11 (approximately 36 hours before egg collection)



The egg freezing timeline is a guide only and may vary depending on individual factors. Variations in menstrual cycle length and response to medications can affect the timing of each stage. Your fertility specialist will tailor your treatment plan accordingly. You can expect the entire egg freezing process to take between 2-3 weeks to complete.

8. Attend day surgery for egg collection

Egg collection is performed under light sedation. The procedure takes 20-30 minutes with an average of 8-10 eggs typically collected.
Egg collection occurs around day 13



9. Freeze and store eggs

Eggs are frozen on the day of egg collection and carefully stored in our quality-controlled facility for later use.
Egg freezing and storage occurs around day 13

